



CONNECTING SENIORS ACROSS OUR COMMUNITIES

**January 2018**



## Community Connections

**Seniors on the Move** is working with bc211 and BEST (Better Environmentally Sound Transportation) to launch a transportation hotline, with support from Vancouver Coastal Health. They are also delivering a transit training session for the West End Seniors Network and have developed an ad to help recruit volunteer drivers.

**Volunteer Impact** recently hosted *TELUS Wise for Seniors* at **Burnaby Neighbourhood House**. This workshop features safety tips for smartphone, social networking and protecting from identity theft. While designated for seniors, the tips are relevant to all ages.

## Collective Impact

Partners have started adding the next layer of evaluation to our work: Conducting follow-up surveys with people who completed pre-surveys. Results will show current levels of social isolation and participation in activities and provide some insight on project impact. Survey forms are available in 9 languages: Arabic, Chinese (Simplified and Traditional), English, French, Korean, Persian, Punjabi and Spanish.

### Project Story

One of the **Welcoming Seniors' Spaces** Wellness Connectors at **Frog Hollow Neighbourhood House** has become an active leader in the community. She is a senior from a visible minority group who lives alone in East Vancouver and shared her story of connection.

*"How much do I love this big family? Well it is my second home. I wanted to learn computer skills and this was how I started coming to Frog Hollow. Now I am one of the volunteers on the Monday session for Beginners. I am also one of the leaders for our community slow walks.*

*The purpose of our walks is to meet and outreach to seniors living alone. As a leader on slow walk, we are responsible to plan the route, take care of the team and be safety alert. We get to know more of our neighbours and their stories on our walk. This is a good, healthy exercise. After I have joined Frog Hollow I feel more active and sociable. Now my camera SD card is full of photos."*

## UPCOMING EVENTS

### **Partners' Gathering: Mon. Feb. 26, 9:00am - 12:00pm, Burnaby Neighbourhood House**

*We will share Allies in Aging Evaluation Findings, and network. InWithForward will share their ethnographic approach and profiles of isolated seniors in our communities.*

**Register by Feb. 19:** [Email](#) or 604-988-5281, ext. 359

### **VOLUNTEER IMPACT Workshops**

(Pre-registration required.)

#### **Tues. Feb. 13, 10:00 - 11:30am: Translink Rider Training**

North Vancouver, 120 West 14th St. [Click for more information and to register.](#)

#### **Thurs. Feb. 22, 12:00 - 3:00pm: Understanding Dementia**

Burnaby, Bonsor Rec Centre, 6550 Bonsor Ave. [Click for more information and to register.](#)

#### **Tues. Mar. 6, 12:00 - 3:00pm: It's Not Right! Neighbours, Friends & Family**

North Vancouver: 2121 Lonsdale [Click for more information and to register.](#)

*Call 604-988-5281 to be added to our mailing list for workshop updates.*

*Allies in Aging is a collective impact initiative to reduce seniors' social isolation in our community.*

*Nearly thirty partner organizations are working together to connect seniors to supports and services. Projects include leadership programs, outreach, transportation initiatives, training programs and advocacy. Our focus is on seniors who are 75+ and at risk of isolation due to disability, low income, language or cultural barriers.*

Check out the [Allies in Aging Partner Map](#) for a snapshot of partners and programs.

[Look, Like and Follow Allies in Aging on Facebook!](#)

[connect@alliesinaging.ca](mailto:connect@alliesinaging.ca) | 604-988-5281



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